

# Clutter and the feng shui bagua

*Adapted from Chapter 8 of Clear Your Clutter with Feng Shui by Karen Kingston*

An in-depth study of the feng shui bagua can take many years and after reading my book you may be interested to read up on it further. However, for the purpose of getting you motivated to clear your clutter, I am just going to explain it in very basic terms and with a very simple diagram.



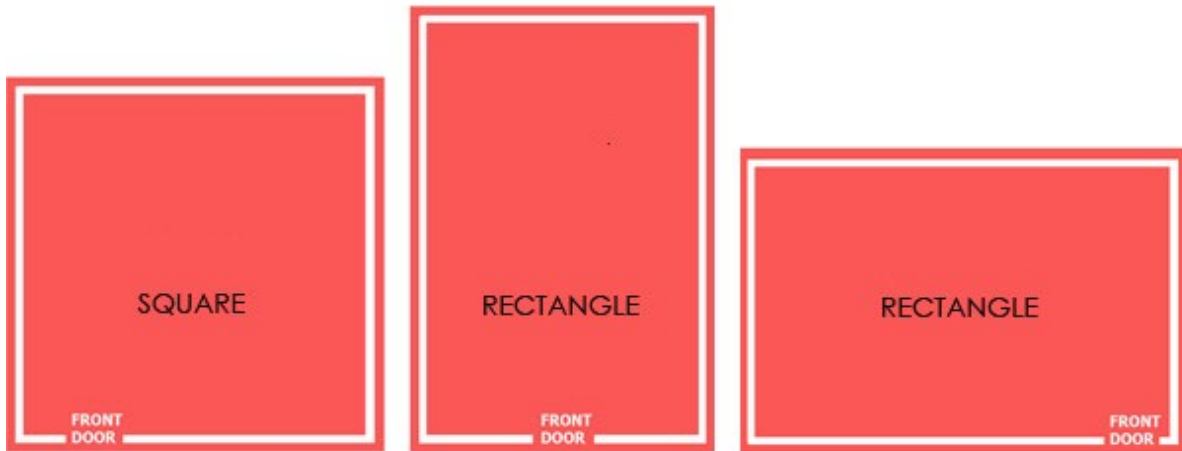
*The feng shui bagua (simplified diagram)*

Let's say you want to apply the bagua to your home. First, get a sheet of paper and sketch the floor plans of your building – just an outline showing all the walls and doorways from a bird's-eye view will do. If you rent space in part of a house, don't draw the whole building, just draw the apartment or the room you live in.

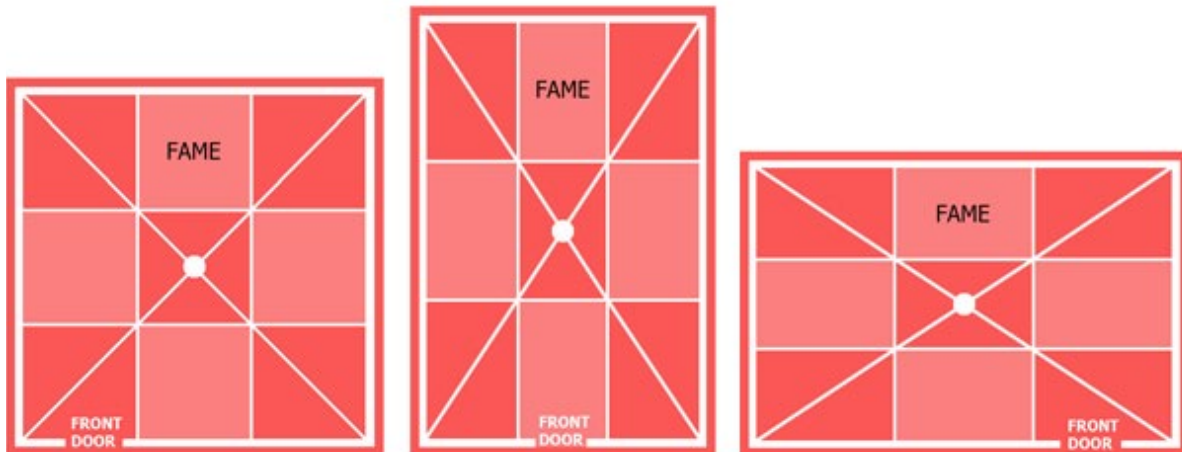
Next, turn the sheet of paper until the front entrance to your house, apartment or room is at the lower edge of the sheet, as if you are facing towards your home and about to step inside. The front entrance is the determining factor in how to position the bagua because this is how energy, as well as people, enter your home.

Special note for the Irish and other extra-friendly communities of the world: If you, your family, your visitors and the postman delivering your mail use your back door as your front door, then your back door is the door you use for the purpose of aligning the bagua!

The next step is to draw in the bagua so that you can discover where each area of your life is located in the building. If it is square or rectangular, this is easy. You simply divide each of the sides of the building into thirds and connect those points with horizontal and vertical lines to create nine squares or rectangles of identical size, labelled according to the bagua diagram.



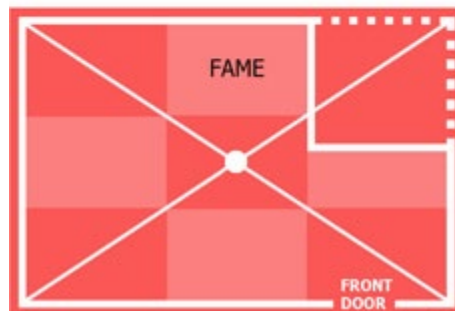
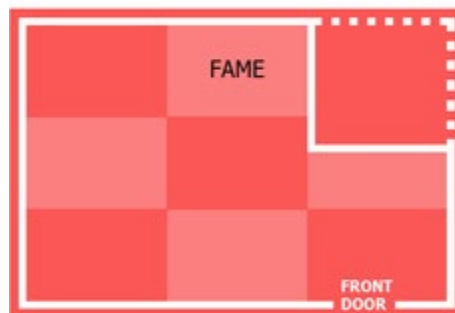
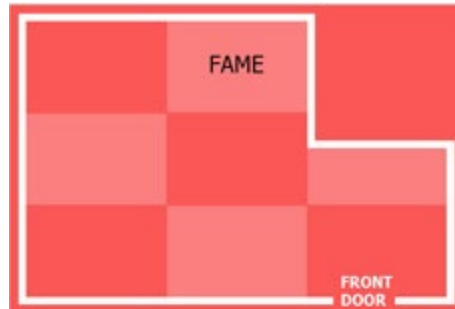
*Examples of symmetrical buildings or rooms*



*Dividing the building into the nine areas of the bagua*

## Missing areas

If the building is an irregular shape, you first have to square it up before you can draw in the nine boxes of the bagua, as shown in these diagrams:



In this example, the entire Relationships area (back right corner) is missing and part of the Creativity area. Unless there are compensating factors or feng shui cures in place to remedy this, the occupant of this space is likely to have difficulty finding or maintaining a successful relationship and may also be creatively challenged.

## Baguas within baguas

This is where it gets even more interesting. Not only does the bagua apply to the building as a whole, but there is also a larger bagua for the plot of land it stands on (swivel it to align the lower edge of the grid parallel to the main entrance to the plot of land) and a bagua for

each room within the building (align the lower edge of the grid parallel to the doorway to each room).

So that puts paid to any ideas you may have had about secretly shifting your junk to a shed at the bottom of the garden. A junk shed in the far left-hand corner of your garden will sabotage your finances, one in the far right-hand corner will put a strain on your relationships, one in the centre at the back of your garden can damage your reputation, and so on. There is nowhere you can put clutter where it will not affect you!

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### **How to learn more about the bagua**

There is more information about the feng shui bagua in my book *Clear Your Clutter with Feng Shui* and in many other books about feng shui. A personal favourite of mine is *Feng Shui Made Easy* by William Spear.

### **Questions about the bagua**

I do not reply to personal bagua questions via email because I have found it is not accurate or effective to give advice of this type from a distance. There are too many aspects that need to be taken into account that cannot be understood by reading an email, looking at plans, photos, or even video footage.

The brief information in my book about the bagua is only intended to give readers a deeper insight into clutter clearing. If you need specific help relating to your own personal situation, you will therefore need to find a reputable feng shui practitioner in your part of the world.